

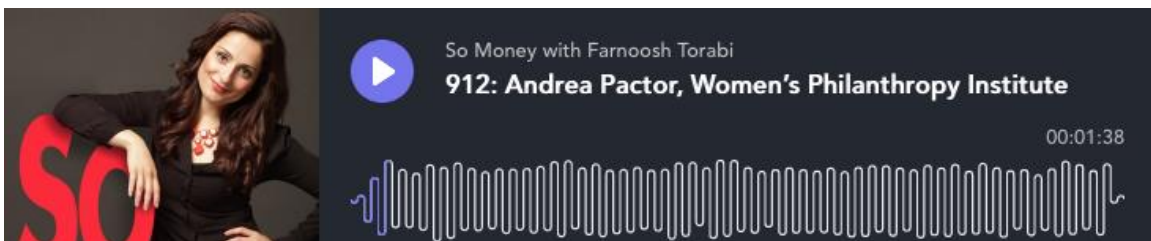
Farnoosh

Andrea Pactor

Managing Director of the Women's Philanthropy Institute

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Investing



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“When people give, it’s not only about making the world a better place but we find that it makes us happier too. When we’re happier, our mental health is better and hopefully our financial health is better and our physical health is better. It’s a good thing for all of us.”

You heard it here, giving can lead to happiness. We’re dedicating today’s show to the topic of philanthropy and in particular, the gender differences when it comes to giving. Our guest is Andrea Pactor who is the managing director of the [Women’s Philanthropy Institute at Indiana University](#). The Institute was created to provide research in giving to help create powerful female philanthropists.

More about Andrea: She has organized five national symposia on women and philanthropy; an online course for the New York Times Knowledge Network; and an online conference, SHEMAKESCHANGE, about women, money, and philanthropy. She guides the dissemination efforts for the research studies that WPI releases regularly as part of a grant from the Bill & Melinda Gates Foundation.

We talk about why there are gender differences when it comes to giving? What are those differences? Andrea has some really fascinating data around how people give and the results of giving.

They say money doesn’t buy happiness but the research says that when we give, it can feel very rewarding and it can give us all the happy feels.